



Dear RSDL Parents and Players,

As the start of the Spring 2010 season approaches, we can now finalize some of the more important details for you.

**Our First Get Together:** We will have a "play in day" on Tuesday April 13th. The spring sessions first week of practices and games will be at the Ultimate Soccer Arena (more details to follow). The play in day is exactly as it says, you turn up and play - each player will be assessed by the coaches, the coaches in turn give me the assessments and we then start to form the teams. On Wednesday night after the play in day, you will receive a call from your coach; they will introduce themselves and tell you what team you are on. ***Please note that in order to create competitive teams throughout the league, we reserve the right to move players accordingly from team to team even during the season.***

**Special requests:** There is no buddy system in the 'D' league. For car pooling reasons only, I will try to make sure that players will be there at the same time. YOU MUST EMAIL ME DIRECTLY @ [RYSL\\_RSDL@YAHOO.COM](mailto:RYSL_RSDL@YAHOO.COM) and let me know of the players you wish to carpool. I will not honor requests for whole teams to play together.

**Group Selection:** Players will be divided into two groups, 'EARLY' and 'LATE'. Basically all the groups are is a means to identify the practice and playing times. If low registration occurs in the younger age groups and high registration with the older age groups, we will revert back to the old system where the U9 players will be split between the early slot and the late slot. EARLY time slot will be for U7/U8/U9 and LATE time slot will be for U9/U10.

**Practice:** All practice sessions will be held at Borden Park on fields # 6-9. Practices will be on Tuesday and Thursday. Because of the first week being at Ultimate, the first weeks schedule will be different than our normal time. Normal times are... The EARLY group will train 5:15 - 6:15pm. The LATE group will train 6:30 - 7:30pm. Dress appropriately for the practice, no jeans, basketball shorts etc. *Please note that the stated time and venue are not set in stone. We may have to be flexible if we change the venue due to weather.*

**Equipment:** All players need to bring a **pumped** up size 4 ball. Shin guards are mandatory. No jewelry or watches can be worn. Bring something to drink to each practice and game. Uniforms can be worn for practices or if you wish you can purchase practice tee shirts from Soccer World.

**Parking:** Last season I had several complaints from the park rangers about people parking illegally. Do not park on the grass, do not park in disabled spots, do not park in the circle. Oakland Police made a lot of money from RSDL parents last Fall and I'm sure they will be back for more this Spring. To assist with parking I have managed to get a 15 minute window between practices. Please take extreme care when reversing out of the parking area.

**Game days:** The game schedule will be posted on the web site as we get closer to the start date. Games will be on Saturday mornings, EARLY at 8.30am and LATE at 9.45am. Again please take care when reversing out of the parking area. Please be on time for the games. Please download and get familiar with the RSDL laws of the game and parent expectations. Scream as loud as you like and encourage for what players have done, and not for what they are about to do!

**Uniforms:** All NEW players need to purchase the RSDL adidas uniform available at Soccer World (Rochester). I will send an email out when they are ready for you to pick up. FULL Uniforms MUST be worn on game day. Home team will wear Navy. *GOOD NEWS! adidas have extended the lifespan of the uniform for another year. Only brand new players to the system need to purchase a uniform.*

**The 'D' league:** The 'Development' league is exactly what it says. We focus on player development, team development will follow later. There is a fixed coaching curriculum for the coaching staff to follow. Please do not be surprised if during a league game, a coach stops the game in flow and gets over a coaching point, this is normal for the 'D' league.

Once again, thank you for your continued support in our program.

Gordon Gardiner  
RSDL Technical Director

